



Fly Fishing The Sacred Art: Casting a Fly as Spiritual Practice (The Art of Spiritual Living)

Rabbi Eric Eisenkramer, Rev. Micheal Attas MD

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Discover the spiritual potential hidden in every cast of the fly rod.

"For us, fly-fishing is about more than catching fish. We have been skunked on the stream too many times to count, and stood shivering in our waders in 45-degree water long after sundown. Yet, every chance we get, we head back to the river in search of trout and something more."

?from Rabbi Eric's Introduction

"Early in my fly-fishing career I remember telling a friend that there is so much to learn! Some forty years later, that is still true. Every trip I learn something new about rivers, fish and the natural world. Most importantly, I learn something new about myself. Every encounter with the waters of our planet draws me deeper into who I am and who I want to become."

?from Reverend Mike's Introduction

In this unique exploration of fly-fishing as a spiritual practice, an Episcopal priest and a rabbi share what fly-fishing has to teach us about reflection, awe and the wonder of the natural world, the benefits of solitude, the blessing of community and the search for the Divine. Tapping the wisdom in the Christian and Jewish traditions and their own geographically diverse experiences on the water, they show how time spent on the stream can help you navigate the currents and eddies of your own inner journey.

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