



Power Performance for Singers: Transcending the Barriers

Shirlee Emmons, Alma Thomas

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To perform well in today's highly competitive world where technical skills have been advanced to an unprecedented degree, a singer must be able to handle incredible pressure within the performing arena; his or her ability to deal with this stress will often determine whether he or she will succeed. Why, then, do singers with less technical skill sometimes out-perform stars? Why do some stars suddenly stop performing? What is that mysterious factor that makes an electric performance? Consistent, competent performances do not depend solely upon superior vocal skills, nor are they a matter of luck. On the contrary, the best performances result from a combination of mental attitude, concrete performing skills, and excellent technical skills in that order. Yet most singers have never had the opportunity to acquire the essential skills that make for a successful career.

Written as a self-help manual for singers at all levels of expertise, *Power Performance for Singers* is designed to teach performing artists, and especially singers, how to experience elite performance *at their level*. The skills outlined in this book will help singers use what they have, to enjoy their voices during performance, and to perform consistently to the best of their present ability.

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