

### "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments

Jay S. Cohen

Download now

Click here if your download doesn"t start automatically

## "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments

Jay S. Cohen

"Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments Jay S. Cohen

"Vital new information for men diagnosed with prostate cancer!" --George Johnson, Director of the Informed Prostate Cancer Support Group in San Diego, the largest independent group in California

"I have had treatment for prostate cancer and have been thru the mill. If I were going to go through the process again, I would start with Dr Cohen's book." --P.C., independent review at Amazon.com

Updated for 2014, Prostate Cancer Breakthroughs 2014 offers 55 additional pages from the original top-selling book. Also, new information on PSA testing, how to obtain a new targeted biopsy, and the 16 additional centers now offering the key test: prostate-specific, Tesla 3 MRI. Fast reading, easy to understand, step-by-step, Prostate Cancer Breakthroughs 2014 takes you through the entire diagnostic process, answering your questions and suggesting others to ask, then describing 12 different treatment choices for you to consider. As one reviewer wrote, "Answers all of your questions and others you didn't know to ask." The new book also covers genetic testing available now, carbon-11 PET/CT scan for earlier identification of metastases, medication therapy. Studies have proven that most men diagnosed with prostate cancer do not need surgery or radiation treatment. Find out how to determine whether you do or don't and what your other options are. Today, many doctors and patients are still not aware of the breakthroughs already being used at a few top cancer centers in the U.S. Don't be a statistic. Inform yourself so you can make the wisest choices for your care.

#### In this highly-praised book, you'll discover:

- \* Why 85% of men who get surgery or radiation for prostate cancer do not need it.
- \* Why a high PSA test does not necessarily mean cancer.
- \* How to tell if you really need a biopsy (many men don't need one).
- \* Why a targeted biopsy is superior and safer, and where to get one.
- \* Why the new prostate DCE-MRI is key to deciding on treatment.
- \* Genetic tests available today for accurate diagnosis and more effective treatment.
- \* Alpharadin, the new, targeted treatment for bone metastases.

#### Prostate Cancer Breakthroughs addresses:

- \* Why men should continue to get an annual PSA test.
- \* Why doctors recommend prostate surgery or radiation for men who don't need it.
- \* The tests you really need for a full picture of your prostate cancer.
- \* New treatment options your doctor may not tell you about.

#### This book will also help you determine:

- \* If you truly need surgery or radiation therapy (some men do, many men don't)
- \* If you are a candidate for active surveillance.
- \* If medication treatment instead of surgery/radiation is a valid choice for you.

#### TABLE OF CONTENTS

Introduction: A Better Approach to Prostate Cancer

Section 1 : A Newer, More Accurate Diagnostic Approach

Step 1: Why You Must Get an Annual PSA Test

Step 2: Blind Biopsy, Targeted Biopsy, or No Biopsy?

Step 3: Assessing Your Findings

Step 4: The Voice of Experience: The Support Group

Step 5: The Dynamic, Contrast-Enhanced Prostate MRI

Step 6: The Color Doppler Ultrasound

Step 7: Genetic Diagnostic Tests that Are Available Now

Step 8: The New, Carbon-1 1 PET/CT Scans for Metastatic Prostate Cancer

Section 2: A Broader Range of Options for Treating Prostate Cancer

A. Aggressive Therapies

Option 1: Prostatectomy

Options 2-5: Radiation Therapies - IMRT, SBRT (CyberKnife), Proton, Brachytherapy

B. Focal Therapies

Option 6: Cryotherapy

Option 7: Focal Laser Ablation (FLA)

Option 8: High Intensity Focused Ultrasound (HIFU)

C. Non-Invasive Therapies

Option 9: Medication Therapy

Option 10: Active Surveillance: More Than Watching and Waiting

Option 11: Alpharadin for Bone Metastases

Option 12: Too Good to be True? Proscar (Finasteride) to Prevent Prostate Cancer

Section 3: Weighing the Evidence and Making a Decision

Step 9: What Does Your Data Say?

Step 10: 30 Questions to Ask Your Doctor

Section 4: Conclusion

Acknowledgements

References

About the Author



**<u>★</u>** Download "Prostate Cancer Breakthroughs 2014: New Tests, Ne ...pdf



Read Online "Prostate Cancer Breakthroughs 2014: New Tests, ...pdf

Download and Read Free Online "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments Jay S. Cohen

#### From reader reviews:

#### **Karen Shiner:**

The book "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments gives you the sense of being enjoy for your spare time. You should use to make your capable a lot more increase. Book can to become your best friend when you getting tension or having big problem together with your subject. If you can make reading a book "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments for being your habit, you can get much more advantages, like add your capable, increase your knowledge about a few or all subjects. You could know everything if you like open and read a book "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments. Kinds of book are a lot of. It means that, science reserve or encyclopedia or others. So, how do you think about this e-book?

#### **Andrew Meadows:**

Are you kind of busy person, only have 10 as well as 15 minute in your day time to upgrading your mind talent or thinking skill even analytical thinking? Then you are experiencing problem with the book in comparison with can satisfy your limited time to read it because pretty much everything time you only find e-book that need more time to be learn. "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments can be your answer mainly because it can be read by a person who have those short spare time problems.

#### **Elliott Salazar:**

You could spend your free time to learn this book this reserve. This "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments is simple to deliver you can read it in the recreation area, in the beach, train and also soon. If you did not possess much space to bring the actual printed book, you can buy the actual e-book. It is make you quicker to read it. You can save the book in your smart phone. And so there are a lot of benefits that you will get when you buy this book.

#### Joshua Poulson:

Many people spending their moment by playing outside having friends, fun activity having family or just watching TV all day every day. You can have new activity to shell out your whole day by examining a book. Ugh, ya think reading a book can definitely hard because you have to accept the book everywhere? It all right you can have the e-book, bringing everywhere you want in your Cell phone. Like "Prostate Cancer

Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments which is having the e-book version. So , try out this book? Let's notice.

Download and Read Online "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments Jay S. Cohen #N3HFRP68UM9

# Read "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments by Jay S. Cohen for online ebook

"Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments by Jay S. Cohen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments by Jay S. Cohen books to read online.

Online "Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments by Jay S. Cohen ebook PDF download

"Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments by Jay S. Cohen Doc

"Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments by Jay S. Cohen Mobipocket

"Prostate Cancer Breakthroughs 2014: New Tests, New Treatments, Better Options: A Step-by-Step Guide to Cutting-Edge Diagnostic Tests and 12 Medically-Proven Treatments by Jay S. Cohen EPub