

## The Map To Love: How To Navigate The Art Of The Heart

Robert Peter Jacoby



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Psychotherapist, artist, survival instructor, and author Rob Jacoby draws upon all four areas of his life and experience to offer us The Map to Love: How to Navigate the Art of the Heart, a life-giving perspective on love, fulfillment, healing, and successfully navigating the complex human emotional landscape. His twenty year career helping people from all walks of life, especially young people suffering from extreme emotional problems, gives this book its lived-in authority. His passion for creation, particularly music and painting, drives the spontaneity and rhythm of its prose and presentation. In collaboration with world renowned artist Brian MacGregor, the result is a visually and intellectually stunning masterpiece on the topic of LOVE. If you plan on purchasing only one book on Self-Help, Love, and Positive Psychology for the rest of your life, well, then this is that work.

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