



# **The Boys Body Book: Everything You Need to Know for Growing Up YOU**

*Kelli Dunham*

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You have questions? We have answers to everything you need to know for growing up you!

Growing up isn't as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. The Boy's Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a boy might have. Topics include: From hair care to athlete's foot, a head to toe guide to what's happening with your changing body Basketball football, soccer, chess: How you can excel no matter what you like to do Your guide to the care and keeping of parents, teachers, brothers, and sisters How to keep your friends and your morals, and what to do if peer pressure starts to be come an issue

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