



Sexual Body Language!

Nei Loja

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SOME EXPLANATIONS Speaking for yourself, when you see a person that attracts you do not feel the same hour, an imbalance? Minimal increase in your heart rate? It's because your sex hormones trigger, causing, among other things, a blast of your adrenaline, forcing a physical drive ... Then you change position, walks differently, breathe differently, looks different, does "everything" different, revealing that "an arrow hit your heart," or even just your sex... your libido... If the target person notice your changes and understand, will also be unbalanced, because it is not one of those things that we can fully control either like it or not. And if we like, of course we will send positive signals , if not, how the other person will know? Important to know is that this is not "dirty" as some absurdly tags, but only a flow of nature to which we belong, and we can surely say that these are the things that make our lives more joyful and fun, because falling in love , falls in love, feel great emotion for a person, especially being matched, is the source of beautiful dreams, new issues, many poems and songs, in short, a great well-being ... Actually falls in love releases large amounts of serotonin, a delightful humor of our own brain, and even more, another mood, a kind of natural amphetamine spreads in our body, taking our sleep, our appetites, our thoughts and focusing on the desired person. Is not true? We stayed very "electric" in the most positive sense, and now you will understand why, after a certain time, "passion goes." But not entirely. Occurs when a couple finally corresponds loving and sexually, the natural amphetamine decreases, returning everything to balance. After all the bodies are already filled, which is very good, because amphetamine in excess and for long periods can even cause a heart attack. What remains is what everyone says looking ... peace and tranquility in the relationship, because real happiness needs peace and tranquility in all areas of life. Anyway, I hope this book will be very useful for all, especially for the more timid, beginners and distracted, and yet for **ALL THOSE WHO LOSE MANY OPPORTUNITIES**. If it is not so easy, is really entirely possible, because love is important for a life full of happiness, and the romance begins by best realizing the physical manifestations of "that" person who might come to be, one day, your "soul mate . " Good luck and I hope for you, from now, will be much easier! Nei Loja psychologist www.neiloja.com.br

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