



Your Body Is Your Subconscious Mind

Candace Pert

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Gain an inside look at the molecular drama being staged within every cell of the human body-and a glimpse into the future of medicine-with *Your Body Is Your Subconscious Mind*. In her groundbreaking research, Dr. Candace Pert-a featured scientist in the film *What the Bleep Do We Know!?*-has unlocked the secret of how emotions literally transform our bodies and create our health. Now, in her own words, this bestselling author and world-class neuroscientist describes her extraordinary search over the past two decades for the grail of the body's inborn intelligence. Building on the material described in her landmark book, *Molecules of Emotion*, Dr. Pert describes how our emotions directly influence the body's production of "information molecules," such as peptides and their receptors that regulate every aspect of human physiology. From the wisdom of the body to the wisdom of the laboratory, *Your Body Is Your Subconscious Mind* takes you on a scientific adventure of the first order, escorted by this pathfinder, iconoclast, and "goddess" of neuroscience.

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The reason? Because this *Your Body Is Your Subconscious Mind* is an unordinary book that the inside of the book waiting for you to snap it but latter it will zap you with the secret it inside. Reading this book beside it was fantastic author who all write the book in such remarkable way makes the content within easier to understand, entertaining method but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of rewards than the other book have got such as help improving your expertise and your critical thinking approach. So , still want to hold off having that book? If I had been you I will go to the reserve store hurriedly.

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