



# **101 Easy Homemade Products for Your Skin, Health & Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants**

*Jan Berry*

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# 101 Easy Homemade Products for Your Skin, Health & Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants

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## Go Green in Every Part of Your Life with These Easy, All-Natural Herbal Products

Kick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with the simple, versatile projects in *101 Easy Homemade Products for Your Skin, Health & Home*. In this incredible resource, Jan Berry teaches you the basics of making your own skin care and hair care products, health remedies and household cleaners—then how to customize them into truly unique and personalized items! You'll learn how to make:

- Honey, Rose & Oat Face Cleanser
- Cool Mint Body Wash
- Basic Calendula Lotion
- Floral Salt Foot Scrub Bars
- Basil & Lime Lip Balm
- Lavender Oatmeal Soap
- Violet Flower Sore Throat Syrup
- Thyme Counter Cleaner
- Lavender Laundry Detergent
- And so much more!

All of the projects are easy to make and use commonly found herbs, flowers, oils and other natural ingredients. No fancy equipment or previous experience required! If you don't have a certain ingredient on hand, Jan provides tips on how to substitute and what works best. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

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#### **Tara Gamboa:**

A lot of people always spent all their free time to vacation as well as go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read a new book. It is really fun for yourself. If you enjoy the book that you just read you can spent the whole day to reading a guide. The book 101 Easy Homemade Products for Your Skin, Health & Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants it doesn't matter what good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. If you did not have enough space to create this book you can buy typically the e-book. You can m0ore very easily to read this book out of your smart phone. The price is not too costly but this book features high quality.

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