



# Tracks Of My Tears: A Personal Reflection

*Hector Duran*

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## **Tracks Of My Tears: A Personal Reflection** Hector Duran

Tracks of my Tears is a true account of a man's search for his purpose in life and realization of those who affected his growth throughout the years of his childhood, adolescences, and adulthood. It is a reflection that has brought about the realization of the true human being that exists within this man. It is a journey back through turmoil, self-destruction, and abuse while finding the light that would become his savior. Tracks of my Tears, though told from a Chicano barrio culture perspective, invites the hearts and minds of other cultures in search of finding true spiritual liberation through the process of healing from the personal hysteria of sexual abuse, drug abuse, and gang violence.

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