



Mix-and-Match Meal Planner

Shay Shull

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Wondering how you'll ever get dinner on the table? Mix and Match Mama is here to help!

Popular blogger Shay Shull knows that to feed her busy family of five, she needs a plan, exact recipes, a solid grocery list, and a well-stocked pantry. Because cooking isn't hard; it's deciding what to make that's a challenge.

In *Mix-and-Match Meal Planner*, Shay provides eight weeks' worth of simple meals (plus lots of sweet treats!). The meal plans change by the season, never have lengthy directions or hard-to-find ingredients, and don't take a long time to prepare. They're perfect weeknight meals! Nothing complicated, nothing time-consuming—just good, solid dinner recipes to help busy women like you get supper on the table.

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