



# **Skinny Bitch: Ultimate Everyday Cookbook: Crazy Delicious Recipes that Are Good to the Earth and Great for Your Bod**

*Kim Barnouin*

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After five years atop the *Skinny Bitch* phenomenon, author Kim Barnouin has grown as a cook, a nutritionist, and a mom. Now she delivers the “Ultimate” cookbook that will be for everyone looking for a healthier way to feed themselves, their families, and friends. Kim’s emphasis is on “easy,” and her kick-ass recipes feature seasonal produce (no fake meat or hard-to-find ingredients) and provide a versatility of tastes and cuisines, from Mediterranean to California-fresh. With almost 150 recipes, full-color photos, complete nutritional breakdowns, and simple “switch-outs” for quick variations, it will be the new “gotta have” on any healthy bitch’s bookshelf.

Whether readers are looking to gradually add more meatless dishes to their meals, or want to go “all-out” vegan, *Skinny Bitch: Ultimate Everyday Cookbook* will be their “go-to” source for getting their “bitch” on—in the kitchen.

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