



Spiritual Intimacy: What You Really Want with a Mate

SONDRA RAY, MARKUS RAY

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Sondra Ray, author of *The Only Diet There Is* and *Loving Relationships I & II*, teams with her husband, Markus Ray, to give you the practical tools for having a holy relationship of greater happiness and fulfillment. This book reveals how intimacy infused with spirituality can give you and your partner a closer and higher Love— free of conflict. Whether you are in a relationship or you are searching for that “right person,” join Sondra and Markus to receive the benefits of living in the sacred zone of Spiritual Intimacy, *What You Really Want with a Mate*.

Spiritual practices can get you in touch with your divine nature and help you stay clear of conflict and problems. Sondra and Markus give you simple approaches for integrating your spiritual life into your love life, leading to the possibility of Pure Joy! Examine the importance of Spiritual Intimacy in all aspects of your life— sex, money, parenting, career, and family life.

Discover how true forgiveness, A Course in Miracles, and Liberation Breathing® combine to help you release the old paradigm that sabotaged your life in the past. Sondra Ray, the “Mother of Rebirthing”, reveals how your birth trauma may be affecting your relationships, and what you need to do to clear it. Breathwork gives you breakthroughs. Enter the new frequency of Spiritual Intimacy for “something sacred” to enrich your life. More mainstream than tantra, more ecstatic than most spiritual practices— Liberation Breathing® is an experience every person or couple should try!

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