



The Storytime Yoga® Kids Club Yoga Story Kit: The Grateful Crane (Storytime Yoga®: Teaching Yoga to Children through Story)

Sydney Solis

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The Storytime Yoga® Kids Club Yoga Story Kit features the Japanese folk tale of The Grateful Crane retold by pioneering storyteller and kids yoga teacher Sydney Solis.

An old man frees a trapped crane and reaps unexpected gifts for his kindness to the bird.

Use this multicultural kids yoga story kit to educate your child at home, yoga studio, therapy session or in the classroom. Increase your child's literacy, oral skills, imagination, critical thinking, health and fitness, focus and attention.

Includes a featured written story with Kamishibai storytelling cards, beautifully illustrated by Hungarian Artist András Balogh. It's perfect for the e-reader or iPad to encourage retelling of the story orally by the parent or child. Also includes yoga asanas, meditation and relaxation, vocabulary cards, coloring pages and a parent/teacher guide with follow-up activities to work with the story in the home, classroom, library or studio. YouTube Video is also found online, as is an audio!

Published by the Mythic Yoga Studio. One book of many found at StorytimeYogaForKids.com.

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