



Letting Go: 25 True Stories of Peace, Hope and Surrender

Alex Blackwell

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Praise for Letting Go: 25 True Stories of Peace, Hope and Surrender

In Letting Go: 25 True Stories of Peace, Hope and Surrender, Alex Blackwell has assembled a collection of wonderful and deeply-moving stories that will help you remember to let go so you can have more peace, happiness and fulfillment in your life.” – Tim Brownson, author of *How to be Rich and Happy*

“Alex is an amazing messenger of hope for those who have found it hard to let go and get back to life. Grateful for his inspiring message and his passionate mission to help many to let go! – Christina Rasmussen, author of *Second Firsts: Live, Laugh and Love Again*

“Alex Blackwell is serving the world through this collection of inspiring stories. Letting go is hard for so many, whether it's letting go of a loved one, a business, or an outcome. Knowing others have done the same is always helpful to know we're not alone in this journey!” –Andrea Owen, author of *How I Turned My Mess into My Message*

Do you need to let go of a damaging relationship? Do you need to leave the past in the past? Do you need to move beyond shame or guilt?

Amazon best-selling author Alex Blackwell offers 25 true stories of peace, hope and surrender that will remind you that letting go isn't a sign of weakness; it's a sign of strength.

Letting Go: 25 True Stories of Peace, Hope and Surrender shares 25 heartfelt stories from ordinary people who have experienced the life-changing freedom that letting go of a negative attachment provides.

The stories are categorized into five parts:

- Letting Go of Relationships
- Letting Go of Emotional Attachments
- Letting Go of Fear
- Letting Go of the Past
- Letting Go of Our Children

These true stories will help you remember that you're not alone on your journey. The stories will also challenge you to remember that it's your responsibility to follow your personal destiny – no matter how out of control, or frightening, it may feel at times.

Letting Go: 25 True Stories of Peace, Hope and Surrender will inspire you to offer up your struggles so your beautiful life can be revealed, too.

Bonus Content

Buy the book and receive instant access to the **Peace and Happiness Bonus Pack**, which includes 10 digital resources valued at more than \$200 – as a free gift with your purchase. To receive your **Peace and Happiness Book Bonus Pack**, simply forward the confirmation purchase receipt from Amazon to bookbonus@thebridgemaker.com.

These items include:

- *Seven Steps to Oneness: Journey to a Whole New Life*, by Guy Finely
- *Tiny Wisdom, On Mindfulness*, by Lori Deschene, founder of Tiny Buddha
- *How I Turned My Mess into My Message*, by Andrea Owen
- *The Manifestation Set*, by Jodi Chapman
- *101 Natural Highs for an Amazing Drug-Free Life*, by Cathy Taughinbaugh
- *How Do I Set Goals that Work?*, by Tim Brownson
- *How to Bounce Back from Just About Anything*, Bobbie Emel
- *Trigger Positive*, by Joe Wilner
- *The Instrument of Creation*, by Solveig Whittle
- *Acceptance Meditation*, by Carrie Hensley

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