



A Hidden Order: Uncover Your Life's Design

Winter Robinson

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Things that happen to us are really choices we make. Once we know that, we can discover and follow our blueprint to create the lives we want. This book shows us how to make our best ideas for the future into reality. Author Winter Robinson writes, "When our inner (internal, spiritual) and outer (physical) world meet, a blueprint reveals itself... The purpose of this book is to assist you in bringing these worlds together."

A Hidden Order is divided into two parts. Part one, "A Gentle Touch," presents the idea that individuals plan and create everything in their lives. Anecdotal stories support this idea and exercises help readers to test this theory in their own lives. Part two, "Master Practices," offers a set of master practices and exercises to incorporate into a daily routine. After reading each chapter, readers are directed to practice the suggested exercise and record their experiences in a journal, which over time reveals a blueprint for life.

A Hidden Order reveals methods that helped Winter Robinson and others to be the people they were meant to be, including:

- * The I Ching to help answer the questions that lead to a deeper experience of self
- * Meditation and journaling to recognize and work with your subtle energy
- * Bathtub rituals that not only cleanse the skin, but reveal deep self-truths

A Hidden Order helps readers plan their futures. What emerges is a clear, exciting map that can chart a destiny for anyone who wants to experience a brighter future.

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