



**Celtic Designs Coloring Book for Adults: 200
Celtic Knots, Crosses and Patterns to Color for
Stress Relief and Meditation [Art Therapy
Coloring Book Series, Volume Three] (Volume 3)**

The Mindful Word

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Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3)

The Mindful Word

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This current edition has been updated to correct formatting errors that occurred on first printing. Any customers who purchased the first printing can contact us for a replacement (www.themindfulword.org/contact). This coloring book features:

- 200 Celtic designs to color! Celtic Knots, Celtic Crosses and other beautiful Celtic art patterns with a mix of intricate and basic designs.
- Introductions to Celtic art and art therapy, written by an art therapist
- Designs are printed on individual sheets to reduce bleed through
- Some pages have one large design to a page, some have multiple smaller designs per page
- Bright white color paper
- Perfect-bound glossy softcover (10 pt)

Celtic art is known for its strong use of geometrical decorations, its sense of balance and powerful symbols. It can be found all over the world (largely on people's bodies as tattoos), but particularly in the Celtic nations, such as Britain, Scotland and Ireland.

Celtic Designs Coloring Book for Adults contains a broad range of different Celtic design patterns, from the Celtic Cross to Celtic Knot (and its variations, such as the Celtic Love Knot).

Use the 200 Celtic designs in this coloring book to inspire your creativity, reduce your stress levels and center yourself in meditation.

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From reader reviews:

Jules Thompson:

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Benita Eldridge:

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Gary Ritchie:

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Stanley Rivas:

The book untitled Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3) contain a

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