



Guide to Good Food

Deborah L. Bence

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Each chapter includes a wide variety of activities to help students review and apply chapter concepts. Activities review culinary terminology and chapter content. The workbook also helps students apply what they learned as they buy, prepare, and store foods. A wide variety of activities are provided for various learning styles. The text provides the information students will need to complete many of the activities. Other activities will require research beyond the textbook and critical thinking skills.

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