



Quality of Life: Concept, Policy and Practice

David Phillips

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Quality of life is one of the most important issues facing the world today and is central to the development of social policy.

This innovative book discusses this crucial topic, assessing the criteria for judging attempts to raise quality of life, including the satisfaction of basic and social needs, autonomy to enjoy life and social connectivity. It considers key topics such as:

- individual well-being and health-related quality of life
- human needs - living fulfilling and flourishing lives
- poverty and social exclusion
- social solidarity, altruism and trust within communities.

Quality of Life is the first systematic presentation of this subject from both individual and collective perspectives. It provides a powerful overview of a concept which is becoming increasingly prominent in the social sciences and is essential reading for students of social policy, sociology and health studies.

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