



Don't Forget To Breathe: A New Zealand Guide for Patients with Chronic Obstructive Pulmonary Disease (COPD) and their Carers

Sue Ward, Carole Donnelly, Carol D Cooper-Taylor, Phyl Cooper-Taylor

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Chronic obstructive pulmonary disease (COPD), also known as chronic obstructive lung disease (COLD), or chronic obstructive respiratory (CORD), is a major economic health burden throughout the world in terms of both direct health costs and lost productivity.

It is rated as the sixth commonest cause of death worldwide, and in New Zealand it is the fourth commonest cause of death. It ranks high amongst the major causes of disability and profoundly affects the quality of life of its sufferers.

Estimates are that it affects 200,000 New Zealanders and up 15% of adults over the age of 45 years may have COPD: many of these people will not be aware that this is the case.

Whilst there is a plethora of information available on COPD, much of it is dispersed in small non-cohesive fragments and scattered through various resources. Much of the information available (e.g. on the Internet) is not relevant to New Zealand.

This book brings together a wealth of well researched information from various sources and presents it in a cohesive and ordered manner which is applicable to New Zealand.

Readers of this book, sufferers of COPD, and other health professionals will find much helpful and practical information to help them deal with the various issues that afflict sufferers with COPD.

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Jessie Henricks:

People live in this new day of lifestyle always try to and must have the spare time or they will get large amount of stress from both day to day life and work. So , once we ask do people have spare time, we will say absolutely yes. People is human not only a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to you of course your answer will unlimited right. Then ever try this one, reading books. It can be your alternative inside spending your spare time, the book you have read is actually Don't Forget To Breathe: A New Zealand Guide for Patients with Chronic Obstructive Pulmonary Disease (COPD) and their Carers.

Eileen Moore:

A lot of people said that they feel bored stiff when they reading a publication. They are directly felt that when they get a half portions of the book. You can choose the book Don't Forget To Breathe: A New Zealand Guide for Patients with Chronic Obstructive Pulmonary Disease (COPD) and their Carers to make your own reading is interesting. Your skill of reading ability is developing when you like reading. Try to choose very simple book to make you enjoy you just read it and mingle the impression about book and reading through especially. It is to be initial opinion for you to like to wide open a book and study it. Beside

that the guide Don't Forget To Breathe: A New Zealand Guide for Patients with Chronic Obstructive Pulmonary Disease (COPD) and their Carers can to be your brand-new friend when you're really feel alone and confuse with what must you're doing of that time.

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