



# Identity Design: Design the Identity You Need to get the Life You Want

Judge Frank Szymanski

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#### WHO DO YOU WANT TO BE?

If you're not happy most of the time, it's not because you don't have what you want – it's because you don't know who you are. *Identity Design* is the research-driven guide to powerful and generous living. If you want more meaning in your life, you need to answer this question: Who do you want to be? Judge Frank, a juvenile court judge in Detroit who has spent years transforming the lives of young people facing extreme challenges, draws from this experience to give *you* the ultimate manual for identity design.

- —Learn the ultimate skill, which makes you better at everything.
- —**Learn to master your greatest resource**, when you master this resource, you stop wasting your time on things that don't matter.
- —Learn to transform yourself working one minute a day with Judge Frank's 7/60 Mad Minute Plan. This is personal transformation for busy people.
- —**Lean to design yourself.** No matter what your circumstances, a life of love and power is within your grasp you just need to know how to grab it.
- "There's a ton of transformational insights, practical exercises, and powerful action steps you can take to create the life of your dreams in this wonderful book. Your life will be more abundant and more fulfilling if you apply what you read."
- —Jack Canfield, Coauthor of *The Success Principles* ® and the Chicken Soup for the Soul<sup>TM</sup> series.
- "Identity Design should be taught at every school. Five Stars!"
- Sharkie Zartman, UCLA All American, Sharkie's Pep Talk



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