



# Affirm Your Future: How to Use Affirmations to Bridge Your Future

*Andrea J Allen*

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## **Affirm Your Future: How to Use Affirmations to Bridge Your Future** Andrea J Allen

Affirm Your Future contains over 500 positive affirmations divided into 10 different key life areas such as love and relationships, happiness, health, weight, business success, etc. Use the ones provided or use the chapter provided to create your own. Learn the different effective modes for using positive affirmations for the best effect including the mirror mode, the water mode, and the vision board mode. Affirmations are powerful tools to create a bridge from what you have today to what you want tomorrow using the power of your mind, words and suggestions.

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